



Bullying analysis
Summer term





Racism

- Share the racism social story with children.



Inciting others

Sometimes children are mean to others just because their friend is and they want to fit in.

This can also be called peer pressure.

If your friend is being unkind or bullying someone you should:

- Think is this a good or bad choice.
- If it makes you feel uncomfortable, hurts/ upsets you or someone else or you could get in trouble it is probably a bad choice.
- You are allowed to say NO.
- Tell an adult if you need help to do this or your friend is not listening to you.



Name calling

You might think name calling can't hurt others but it can affect us in lots of different ways:

- Damages self esteem. If you call someone a name for example 'stupid' they might start to believe it's true when it's not.
- Stops us doing what we like. If you call someone a name to make fun of something they like doing they might stop doing it.
- Damages well being. If you call someone names it can affect their mental health, they can become withdrawn and make them struggle with feelings of worry and loneliness.
- May lead to violence. If you call someone a name they may lash out physically which also isn't acceptable and can end up hurting you both.